



**PIEDMONT**  
Health Services, Inc.  
"People Caring For People"

Summer 2009

Prospect Hill Community Health Center is a non-profit organization whose goal is to serve the health care needs of North Carolinians. We believe that healthcare is a fundamental human right.

As a part of our outreach services, case managers gift farm workers with **toiletry bags** after a home health assessment and education visit. **The bags contain items like artificial tears, razors, soap, shampoo, shaving cream, floss, deodorant, toothbrushes and toothpaste.**

A new item that we are asking for this year is **sunglasses**. As an intern and case manager with PHCHC, I have run into cases where farmworkers are forming a growth in their eyes called pterygium. This condition is the result of direct contact with the sun, dust, and air for long periods of time day in and day out, exacerbated by no moisture in the eyes. Once the growth starts to form, the eye can no longer blink and lubricate the eye. It would be a "great sight" to see every farmworker in North Carolina wearing sunglasses in the fields, knowing that their sight and health is being protected.

Giving personal care items and health care information brings relief and comfort to farm workers' busy and difficult lives. It is a unique way to thank these individuals whose personal sacrifices and backbreaking work are vital to our economy – and literally provide food for our tables.

Your support is deeply appreciated.

*Calyste Corrington*, Intern  
Prospect Hill Outreach Team  
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**Note: A box in the back lobby will collect your donations.**

On Wednesday, July 15, a student from UNC-CH, Calyste Corrington, spoke to us about the hard lives led by the farmworkers who make sure there is food in our grocery stores.

We learned that their living conditions are not very good and that children are sometimes born with birth defects due to the chemicals in the fields.

Calyste visits them and tries to tell them things to help improve their health.

She asked us to collect items to give to the farmworkers that will make their lives more pleasant.

Sunglasses  
Artificial Tears (eye drops)  
*To help save their eyesight and prevent pterygium*

Razors  
Soap  
Shampoo  
Shaving cream  
Dental floss  
Deodorant  
Toothbrushes  
Toothpaste

If you bring donations to the center, we will get them to Calyste.